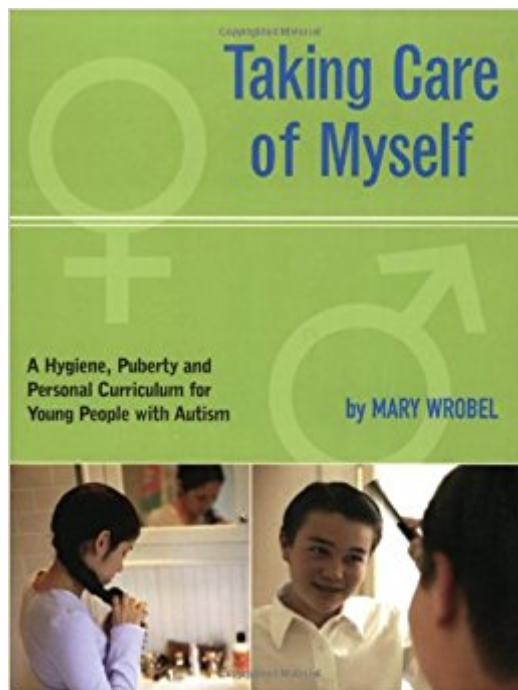




The book was found

Taking Care Of Myself: A Hygiene, Puberty And Personal Curriculum For Young People With Autism



Synopsis

Winner of an iParenting Media Award!Ã Puberty can be especially tough when young people have autism or other special needs. Through simple stories similar to Carol Gray's Social Stories, author Mary Wrobel teaches caregivers exactly what to say and not say, and shows how you can create helpful stories of your own. Mary addresses hygiene, modesty, body growth and development, menstruation, touching, personal safety, and more. Young students can benefit from self-care skills such as using the toilet, brushing teeth, and washing hands. Parents and teachers should begin teaching these necessary skills as early as possible, even from ages 3-5. The ultimate goal is to maximize the child's potential for independence and lifelong social success.ÃÃ Helpful sections include: Hygiene Health Modesty Growth and Development Menstruation Touching and Personal Safety Masturbation Using A Urinal

Book Information

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Customer Reviews

Mary Wrobel is a speech-language pathologist with more than twenty years of experience working with students who have autism and other disabilities. She wrote Taking Care of Myself to help teach students with disabilities the necessary information and skills they need to live safe, healthy lives as independently as they are physically and mentally capable of. Mary believes that by teaching these special young people self-care skills, we can instill personal safety and reduce confusion, fear, and the incidence of abuse.

This book answered questions in a way that really helped my older son with Autism. I would recommend to any child who needs more clarification.

Totally useless for us. We were looking for materials to teach children with learning disability and autism. The book is addressed to individuals with very very mild disabilities. It should clearly state on the cover or in the review. Waste of money for us.

This book is well worth the purchase, read, and implementation!!! I am employed in the field of school social work and I parent a 9-year-old son with Asperger's Syndrome. I extracted the stories on the hygiene section and incorporated germ pictures to make my own version of social stories. It's easy to take for granted that your child already knows what it means to be dirty and carry germs, particularly when you have modelled good hygiene from the beginning. These stories explicitly explain the concepts in understandable and relatable terms. Within one week of reading these stories and incorporating a reward chart, my son went from rarely washing his hands to washing them approximately five times each day. This book will grow with him. Upon mastery of the basic hygiene concepts, I plan to graduate to higher skills.

Great tool for any child with developmental delays and the parents that love them!

Very helpful with young boys and even teenagers know how to properly take care of themselves as well as what is okay and what is not okay to say and do in public. This is a good book for boys to learn the proper names for their body parts .

Excellent book for anyone with autism. Very well explained and very helpful for parents teaching their autistic children. I didn't know how to explain certain things to my daughter in a way she would understand, but this book has helped me doing just that.

An essential book for parents of kids with autism. I like the sections that children can read for themselves. It makes teaching them so much easier.

I bought this book for my daughter to use with her daughter with autism. The workbook format is great since she homeschools. The material is age appropriate and the content is accurate.

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